

What happens in a Group EBW Experience?

What this is: Sacred Erotica -

A group of Like-minded Spiritual/Sensual/Erotic Men honoring and Witnessing the Creative aspects of sexual energy; Seeing the energy of Love flowing within the erotic; Honoring the sacredness of erotic pleasure. A Body/Mind/Spirit Erotic connection with other like minded men who value the combination using erotic energy to take them to a deeper spiritual and emotional level.

DISCLAIMER: What this isn't.... (Sadly, it needs to be said)

An Orgy, A Hook-Up, A Way to get your Rocks Off. While we actively work with erotic energy and direct genital touch, this is not about having any type of penetrative sex. No fucking, sucking, fingering or anything else insertive. This is NOT about getting off. The goal actually is NOT to ejaculate but to move your genital arousal throughout your whole energy system!

Typical Structure:

Opening Circle (Introductions/ Info on What EBW is)

Trust Building (Inner/Outer Circle)

Mindful Undressing Ritual

Group 1 Breathes/Group 2 co-journeys (In Dyads)

Breather Mandala Making (Sacred Art to capture the essence of your erotic journey)

Break for snack (Please Bring, fridge available)

Group 2 Breathes/Group 1 co-journeys (Same Dyads)

Breather Mandala Making (Sacred Art to capture the essence of your erotic journey)

Sacred Sharing/Processing/Showing Mandalas

Closing Circle

What to Bring:

A light Snack (Please eat a good breakfast so you won't need a lunch meal, as heavy food interferes with breathwork) Fruit, Nuts, Chocolate, Water are supplied by me.

A water bottle

A journal/pen if you wish to write your experience while fresh

Items for the Altar if you wish (photos, special small items, important talismans etc...)

Your Nest --- The floors are wood, you need something thick to lay on, (a camp mat, a thick comforter, a sleeping bag etc) a pillow, a light blanket to put over you, 2 flat sheets that you don't mind getting massage oil on (One for under you/One for over you), and a large towel...

Socks if your feet get cold

Stuffed animals welcome too....

If there are any adornments you wear when naked to raise your erotic energy... for example: piercings, body decorations, cock and ball rings, Body Paint... Feel Free to indulge.

Please arrive freshly showered with no cologne or strong scents...